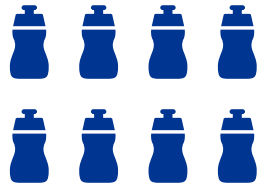


Drink 8 glasses of water a day for 10 days!

1



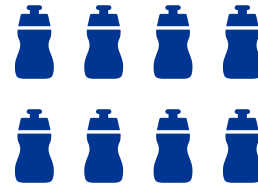
2



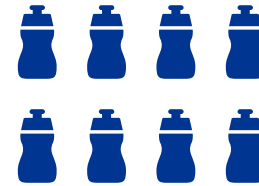
3



4



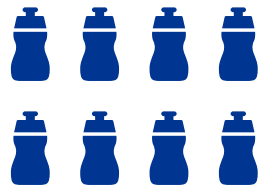
5



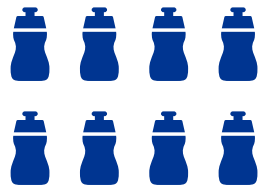
6



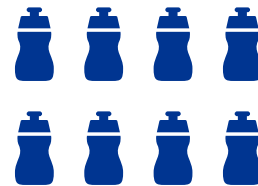
7



8



9



10

